

Clearing the Clutter in the Bathroom

Let focus on the bathroom, often the most overlooked room in the house. If you are unsure of an item, best to discard it.

- Go through expired medications, cleaning supplies, shampoos, lotions, etc.
- Group all items together, this saves on time when looking for an item.
- Grouping like items together saves money and reduces stress.
- Use small containers to hold items; this eliminates overstocking of items, not to mention how neat it will look.

Next, organize the towels and sheets. If you have more than one bathroom, make sure you organize them all.

- Donate the towels and sheets you no longer use and discard those that have seen better days. Money saver: Old towels can be used for dusting, and white cotton pillow cases can be used to shine shoes and boots.
- Be sure to organize the towels by size-face, hand and bath.
- Color coordinate them if you have time.
- Sheets should be organized by sets. If you are missing any parts of the set, for instance a fitted sheet, donate the rest of the set. No need to hold on to things that are no longer functional.

This is also an ideal time to clear out the makeup that you haven't used in months. Did you know makeup has a shelf life? Refer to this guide while cleaning.

- Every three to six months replace your concealer and liquid foundation.
- Power foundations- a year.
- Eyeshadows and mascara - three months
- Lipsticks - a year.

Invest in a medium size basket to hold your makeup; this eliminates the need to hold onto unused and expired makeup. Remember everything has a place and there's a place for everything.

Paris Love is a Professional Organizer serving Metro Atlanta and the Gulf Coast. Paris has written articles for BrownSkin Magazine, OnlineOrganizing, Home Base Quarterly and the Covington News. Currently, Paris is passing on her passion for organizing by helping others live an organized and clutter-free life™. For additional tips or information visit www.organizewithlove.com.